What's on the menu?

HARRISO food with thou

MONDAY

NEDNESDA

FRIDA

Beef Bolognese served with Penne Pasta (Wholewheat / White Mix) or Rice (Wholegrain / White Mix)

Caribbean Style Vegetable Curry with Rice (Wholegrain / White Mix)

Carrots / Sweetcorn & Peppers

Ice Cream

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with Watermelon Wedges

Chicken Sausage Roll Wheat, Sulphites

Served with Mashed Potatoes

Roast Ratatouille Style Vegetables served with Rice (Wholegrain / White Mix)

Sauteed Cabbage / Baked Beans

Chocolate Orange Travbake Wheat, Egg, Milk

with Chocolate Orange Sauce

Chilli Beef Taco served with Cheese.

& Tomato Salsa

Tomato Salsa & Garlic & Herb Roast Potatoes

Vegetable & Bean Pattie with Garlic & Herb Roast Potatoes

Broccoli / Butternut Squash

Served with Fresh Fruit Wedges

Chicken Korma

THURSDA

with Pilau Rice (Wholegrain / White Mix)

Jacket Potato with Cheese

Baked Beans or Vegetable Chilli

Carrots / Green Beans

Toffee Apple Clafoutis Wheat, Egg, Milk with Custard

Battered Fish Fillet

Wheat, Fish Or Baked Fish with Lemon & Olive Oil served with Tomato Sauce & Chips

or New Potatoes

Mexican Style Vegetable & Bean Burrito

served with Tomato Sauce & Chips or New Potatoes

Peas / Baked Beans

Lemon Shortbread

or Chocolate Gram Flour Shortbread

Both served with Fresh Fruit Wedges

Texan Style Beef Wrap with Sweetcorn Salsa

with Rice (Wholegrain / White Mix)

Jacket Potato with Cheese

Baked Beans or Tuna in a Lemon Dressing

Broccoli / Chef's Salad

Citrus Sponge Wheat, Egg, Milk with Custard

Chicken Sausages in a Roll

or Carrot & Leek Sausages in a Roll

with Seasoned Potato Wedges

Vegetable Jollof Rice

Baked Beans / Broccoli

Wholemeal Carrot Cake Wheat, Egg with Custard

Chicken Meatballs in a Smoky BBQ Style Sauce

served with Oven Baked Potato Wedges

Chinese Style Vegetable Stir Fry served with Noodles Wheat, Egg

Carrots / Sweetcorn

Oat & Raisin Cookie Wheat, Oats

or Lemon Gram Flour Shortbread

Both served with Fresh Fruit Wedges

Spicy Beef & Mushroom Pizza

or Pizza Margherita Wheat Milk with Tomato Pasta Side

Sweet Potato Stir

served with Rice (Wholegrain / White Mix)

Oven Roasted Courgettes / Vegetable Medley

Served with Peaches

Jacket Potato with Minced Beef Ragu

Cheese

& Baked Beans

Macaroni Cheese

with a Rainbow Ribbon Salad

Chocolate Sponge Wheat, Egg, Milk

Milk

Green Beans / Roasted Butternut Squash

with Chocolate Sauce

Sweet Chilli Chicken

Sweetcorn / Broccoli

with Rice (Wholegrain / White Mix)

Chickpea & Herb 'No Meatballs'

& Carrot, Lemon & Chive Salad

Chocolate & Cinnamon Pinwheel

or Orange Gram Flour Shortbread

Both served with Orange Wedges

Served with New Potatoes

Chicken with Tomato & Basil Sauce served with Pasta (Wholewheat / White Mix)

or Rice (Wholegrain / White Mix)

Baked Vegetable Pakora with Onion Chutney served with Rice (Wholegrain / White Mix)

Carrots / Oven Roasted Courgettes

Berry & Apple Flapjack

Savoury Minced Beef Hotpot

Served with Parsley Potatoes

or Rice (Wholegrain / White Mix)

served with Penne Pasta (Wholewheat / White Mix)

Vegetable Bolognaise

Green Beans / Carrots

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Marbled Sponge

Wheat, Egg, Milk

with Custard

Milk

Battered Fish Fillet Wheat Fish

Or Baked Fish with Lemon & Olive Oil served with Tomato Sauce & Chips or New Potatoes

Salmon Fishcakes with Cheddar & Chive Sauce

Spanish Style Omelette Egg, Milk served with Chips or New Potatoes

Peas / Baked Beans

Jelly with Fresh Fruit Wedges

Battered Fish Fillet

Or Baked Fish with Lemon & Olive Oil served with Tomato Sauce & Chips or New Potatoes

Wholemeal Cheddar Cheese & Chive Quiche served with Chins or New Potatoes

Peas / Baked Beans

Ice Cream

Wheat, Fish

with Fresh Fruit Wedges

Available daily

Please ask the catering manager for food allergen information

Menu Items Available Daily:

Salad Selection • Homemade Bread • Fresh Fruit • Yoghurt

WEEK THREE



Please see page 2 regarding allergen information provided on the menu.



WEEK ONE

WEEK TWO

Harrison Catering Services



About Your Catering Service

We are delighted to be working in partnership with your school. Founded in 1994, we are an award-winning company with a vision to encourage children to explore new tastes and make healthier food choices through their formative years, which will positively influence them for life.

What's on the Menu

Our approach, wherever possible, is to use quality, sustainably sourced, seasonal fresh food, including ingredients, such as British free-range eggs and British sourced fresh meat and poultry

Our menus are created with local tastes and preferences in mind and offer a range of popular, delicious, full of flavour dishes to encourage balanced meal choices and we follow the school food standards.

We will introduce further interest and excitement to our menus with planned additional food experiences, pop-ups, themed events with links to the school's curriculum, cultural and celebration dates, aimed at creating a fun, engaging and enjoyable dining experience.

Allergen Information

We recognise that some children may have an allergen or intolerance to one of the 14 common food allergens. We have robust processes in place to assist the school in managing. If your child has a food allergy or intolerance, please complete the allergen management form and return it to your school office. To view our process and obtain the allergen management form please visit: https://www.harrisoncatering.co.uk/food-allergies-food-intolerances.

Talented Catering Team

The Harrison catering team are dedicated to providing a great catering service and receive training to complete their roles successfully, including how to prepare and serve healthier food through the company's bespoke Eat Well Live Well[®] training programme.

Universal Infant Free School Meals (UIFSM) Key Stage 1

All children in reception, year 1 or year 2 are automatically entitled to free school meals under the Universal Infant Free School Meals scheme, irrespective of income.

Free School Meal for Key Stage 2

The Mayor of London initiative, offers a free school meal to all pupils in Key Stage 2, regardless of income. This is for 2 academic years from September 2023.

We Welcome Your Feedback

We welcome and value all feedback. We regularly review our offer to continue to offer a positive dining experience for your child. Please refer your comments or suggestions to our Catering Manager.

Learn More

For a more in-depth knowledge about Harrison Catering, recipe inspirations, our how to videos, charitable activities and latest job opportunities, please visit www.harrisoncatering.co.uk

Red = Allergen

- All food is freshly prepared on site each day and if any of the 14 common food allergens present, they are listed in red against each menu item and are intended as a guide to help with the choice of meal. For operational reasons it may be necessary to alter a recipe at short notice and therefore your child or the member of school staff who presents your child at the counter must check each time before being served with the food.
- The Company handles many of the 14 common food allergens in our busy kitchens and so therefore cannot guarantee that our food is 100% free from specific food allergens
- There are foods not on the list of 14 common food allergens which can cause allergic reactions in a small number of people and if your child has such an allergy, they or school member must check each time before being served with the food.

Our allergen process is written to protect the welfare of the children.



Look out for monthly featured ingredients.

